



Street Surfing

learnlink™

About the activity

It doesn't take long for your pupils to master the art of Street Surfing and experience a great sense of achievement, which is a wonderful confidence booster. Although the equipment and technique are entirely different, street surfing does resemble skateboarding. The technique is said to be a combination of snowboarding, skateboarding and surfing and it's increasingly used in training for snowboarders and surfers.

Activity aims

The aim of this activity is to:

- Introduce the wave board, safety equipment and how to ride.
- Work in pairs to progress through the balance skills to ride the wave board.
- Ride the wave board without assistance.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Navigate through an adaptable course whilst riding.
- Fluidly manoeuvre the board and perform tricks.
- Participate in games whilst riding.
- Take the initiative in evaluating their individual and peer performance.
- Be able to assess risks and understand how these may be controlled.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood how to propel the wave board using body movement.
- Developed an understanding of associated hazards.
- Effectively worked in pairs supporting their peers throughout the activity and recognised their achievements.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. rules, risk assessment, safety area, safety equipment, protection.
Words relevant to equipment	e.g. helmet, knee/elbow pads, wrist guards, wave board, castors, torsion bar.
Words relevant to the activity	e.g. balance, bail, motion, turning, stopping.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.